What Is Claimed Is:

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- 1. A kit for diagnosing a condition of early vascular dysfunction and/or vascular disease, said kit comprising means for testing the presence and/or the concentration of antibodies to PAF and/or antibodies to an antigen capable of binding to antibodies to PAF in a sample of body fluid of a patient to be tested for early vascular dysfunction and/or vascular disease; and means for determining from the assayed concentration of either or both of said antibodies whether or not the patient is at risk for having cardiovascular disease and/or early atherosclerosis.
- 2. A kit for diagnosing early vascular dysfunction and/or vascular disease that utilizes several diagnostic indicators for said disease, wherein antibodies to PAF and/or antibodies to an antigen capable of binding to antibodies to PAF is one of them.
- 3. The kit of claim 1 for diagnosing of cardiovascular disease.
- 4. The kit of claim 3 wherein said diagnosing of a cardiovascular disease comprises a diagnosis of early atherosclerosis, hypertension or thrombosis.

5. The kit of claim 1 wherein said means for testing the presence and /or the concentration of antibodies to PAF and/or of antibodies to an antigen capable of binding to antibodies to PAF comprises measuring either or both of said antibodies by immunoassay.

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- 6. The kit of claim 1 wherein said means for testing the present and/or the concentration of antibodies to PAF and/or of antibodies to an antigen capable of binding to antibodies to PAF comprises measuring either or both of said antibodies by an enzyme linked immunosorbent assay.
- 7. The kit of claim 1 wherein said means for testing the presence and/or the concentration of antibodies to PAF and/or of antibodies to an antigen capable of binding to antibodies to PAF comprises measuring either or both of said antibodies by radioimmunoassay.
- 8. The kit of claim 1 wherein said sample of body fluid is serum prepared from a blood sample.
- 9. The kit of claim 1 wherein said sample of body fluid is plasma prepared from a blood sample.
- 10. The kit of claim 1 wherein said sample of body fluid is a human blood sample or fraction thereof, and said means for testing the presence and/or the concentration of

antibodies to PAF and/or of antibodies to an antigen capable of binding to antibodies to PAF comprises measuring either or both of said antibodies by immunoassay.

- 11. The kit of claim 1, wherein said antigen5 capable of binding to antibodies to PAF is phosphocholine.
  - 12. The kit of claim 1, wherein said antigen capable of binding to antibodies to PAF is phosphorylcholine.
  - 13. The kit of claim 1, wherein said antigen capable of binding to antibodies to PAF is phosphatidylcholine.

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- 14. The kit of claim 1, wherein said antigen capable of binding to antibodies to PAF is lysophosphatidylcholine.
- 15. The kit of claim 2, wherein said antigen

  15 capable of binding to antibodies to PAF is selected from the group consisting of phosphocoline, phosphorycholine, phosphatidylcholine and lysophosphatidylcholine.
  - 16. The kit of claim 5, wherein said antigen capable of binding to antibodies to PAF is selected from the group consisting of phosphocoline, phosphorycholine, phosphatidylcholine and lysophosphatidylcholine.

- 17. The kit of claim 6, wherein said antigen capable of binding to antibodies to PAF is selected from the group consisting of phosphocoline, phosphorycholine, phosphatidylcholine and lysophosphatidylcholine.
- 18. The kit of claim 7, wherein said antigen capable of binding to antibodies to PAF is selected from the group consisting of phosphocoline, phosphorycholine, phosphatidylcholine and lysophosphatidylcholine.
- 19. The kit of claim 10, wherein said antigen
  10 capable of binding to antibodies to PAF is selected from the
  group consisting of phosphocoline, phosphorycholine,
  phosphatidylcholine and lysophosphatidylcholine.